

ABOUT US

Aroostook Home Health Services has proudly offered quality home health care to Aroostook County residents since 1983. Our outstanding professionals have the expertise and resources to accommodate everything from skilled nursing to personal care and companionship. In 2002, Aroostook Home Health Services purchased Valley Home Health Services in an effort to expand services and offer a more comprehensive continuum of care.

MISSION

To provide residents in our community access to quality, affordable home health services designed to maintain independence and enhance quality of life.



<i>Aroostook</i>	<i>Valley</i>
<i>Home</i>	<i>Home</i>
<i>Health</i>	<i>Health</i>
<i>Services</i>	<i>Services, L.L.C.</i>



Partners in Home Health Care

Aroostook Home Health Services is a non-profit, home-based program working in conjunction with the private payer, private insurance, and both state and locally funded agencies to provide services for Aroostook County residents.

www.arostookhomehealthservices.com

CONTACT US

For more information, please call or visit one of our locations in Aroostook County.

CARIBOU

688 Main Street, Suite 2
Caribou, Maine 04736
(207) 492-8290 or (877) 688-9977
Fax: (207) 492-8245

FORT KENT

345 Market Street
PO Box 8
Fort Kent Mills, Maine 04744
(207) 834-2990 or (888) 834-9971
Fax: (207) 834-4006

HOULTON

19 Court Street
PO Box 1545
Houlton, Maine 04730
(207) 532-9686 or (888) 231-9686
Fax: (207) 532-9978



Scan this code to visit our website!

Helping Hands for Independent Living



Aroostook

Home

Health

Services

SERVICES

NURSING ❖ PERSONAL CARE ❖ BEHAVIORAL HEALTH ❖ EMERGENCY RESPONSE

Aroostook Home Health Services provides a full range of services to clients of all ages who have various medical conditions. These services are provided in a safe and familiar environment, your home! Our services are available 24 hours a day, 7 days a week and year round, including holidays, which allows for complete customization of care to meet an individual's needs. All services are provided by professional, reliable, experienced Registered Nurses, Certified Nurses' Aides, Personal Support Specialists and Homemakers.



In addition to our skilled and private-duty nursing staff, AHHS also offers supportive, hands-on personal care, including bathing and toileting assistance, feeding, medication management, help with walking or bed-to-chair transfers for wheelchair-bound individuals.

Our support service providers can also perform light housekeeping, meal preparation and cooking, as well as run errands and assist with shopping. They provide friendly, caring companionship or supervision and guidance.

AHHS also works with Rehabilitative and Community Support Services for children with Cognitive Impairments and Functional Limitations by providing services to eligible children who have mental health or developmental delays. Our Behavioral Health Professionals provide services for persons with mental retardation or autism. These services focus on behavior management and physical development, promoting self maintenance,

physical fitness, self awareness, and self motivation. Our professionals also address sensory, motor and psychological needs in order to provide quality of life for those with disabilities.

At Aroostook Home Health Services, we are committed to providing quality care to meet the unique requirements of each individual client, whatever their age. Our caring staff has extensive experience working with people of all ages and providing exceptional care to those facing a variety of physical, mental or developmental conditions.



WHO DO WE HELP?

- ❖ Those who can no longer complete daily living tasks without assistance.
- ❖ People who require extra care but have family living far away.
- ❖ Disabled, bed or wheelchair bound individuals.
- ❖ Those recovering after discharge from a hospital, nursing home or rehabilitation facility.
- ❖ Family caregivers who need respite from their caregiving responsibilities of family members, including children.
- ❖ Children with cognitive impairments and functional limitations.

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